

The North Marston & Granborough magazine



History.com

February 2021



**Be strong, because
things will get
better. Though it
may be stormy
now, it never rains
forever.**

Boldsky.com

WELCOME

Thank you for your support of the local community magazine

Welcome to the February edition of the magazine.

So, we are all still in lockdown, but we have many things to be thankful for living in such beautiful villages.

As well as lots of covid updates, there is a lovely article on North Marston, news from Granborough and events are being planned for the near future!

There is a fantastic feel of support amongst the communities which is so important at this time - thank you!

Please continue to support local businesses and STAY SAFE!

If you would like to volunteer your help, there are a few roles, please let us know at editornorthmarston@gmail.com

Thank you for all your support

Editor and team

CONTENTS

Welcome	page 2
COVID-19 update	page 4
Events	page 13
Brainer Teaser	page 16
Contributions	page 17-28
Quiz	page 26
Community round up & Volunteering	page 29-32
Gatherings, Clubs & Groups	page 33-34
Church notices	page 35-38
Kids & Parents	page 39-41
Council updates	page 42-45
Brain Teaser & Quiz answers	page 46
Local services	page 47-58
Useful numbers	page 58

COVID-19 Update

Help is at hand

Falcon Taxis

All over 65s!

Call 01296-247247 to get a free cab to your local vaccination hub

Community Transport Hub operated by Community Impact Bucks. Cll -1296-841026. Line manned 9-12.30 Monday-Friday

Residents who need support

Customer Service Centre

01296 395000 (Monday – Thursday 9-5.30pm and Friday 9-5pm)

Online contact form to request support directly with the support hub

www.buckinghamshire.gov.uk/your-council/contact-us/

Bucks Online Directory (enter a postcode to see ALL local community support organisations)

directory.buckinghamshire.gov.uk/

Safeguarding adults team

01296 383204 or 0800 137915

Emergency Out of Hours - 0800 999 7677

Safeguarding children team - 0845 460 0001

Emergency Out of Hours - 0800 999 7677

Local Emergency Support - 01296 382414

Emergency Out of Hours - 0800 999 7677

STAY SAFE!

Update from Buckinghamshire Council

How will I get my vaccine?

Buckinghamshire residents are being invited for their vaccines in several ways:

via their GP, and/or

via a letter from the NHS nationally, inviting them to book an appointment via the national booking system at either at a mass vaccination site, such as Slough, if they live within 45 minutes, or a local pharmacy led site

If you work in the health or care sectors you will be offered a vaccine through a hospital site. Residents who live in care homes or who are housebound will be offered a vaccine through their GP.

Residents can choose whether they want to book via the national system if they get an NHS letter, or wait to get their GP appointment. If you decline a national appointment you'll still be offered one from your own GP practice.

GP vaccine appointments

Your GP will contact you directly when it's your turn for the vaccine. You won't go to your own surgery to get your jab; instead GPs have formed 9 local 'hubs' where they're giving the vaccines. Eight of these are already open and are vaccinating patients, working through [the priority list](#). You can find out which hub your surgery is linked to [here on our website](#).

Where to get more information about the COVID-19 vaccine

The COVID-19 vaccine is safe and effective and it is the very best way to protect you from getting sick from COVID-19. Some scare stories and myths are circulating about the vaccine. **It's crucial that if you do want to know more about the COVID-19 vaccine that you get your information from a reliable source such as [the NHS website](#).**

I do want to make some really important points:

The COVID-19 vaccine, like all vaccines in the UK, has been approved for use after meeting the strict standards of safety, quality and effectiveness set out by the Medicines and Healthcare products Regulatory Agency (MHRA)

More than 4 million people have been vaccinated in the UK so far and reports of any serious side effects such as allergic reactions have been very rare

The COVID-19 vaccine **does not contain any egg or any animal products**

You can read more about the COVID-19 vaccine and the roll out on [the Buckinghamshire Council website too](#), including the answers to many of the frequently asked questions.

Please be aware too that **no vaccine is being wasted or discarded in Buckinghamshire at the end of each day**. Standby lists of vulnerable patients are in use to make sure any vaccines left over from missed appointments do not go to waste.

Please be alert to scammers too; sadly there are some people trying to take advantage of this situation. The NHS will:

NEVER ask for payment – the vaccine is free

NEVER ask for bank details

NEVER arrive at your home unannounced to give you a vaccine

NEVER ask you to prove your identity by asking you to send documents like your passport

Support for businesses

If your business has had to close due to lockdown you can apply to the Local Restrictions Support Grant fund to get financial help. If you don't qualify for this scheme, don't worry, there is also a discretionary Buckinghamshire Additional Restriction Scheme you can apply to if your business has been severely impacted by the restrictions. [Please check our website for all the detail](#). We've paid out more than £16 million to local businesses so far from these schemes, which have been updated to reflect the most recent lockdown.

Stay at home

We remain in a national lockdown and while there are signs that COVID-19 case numbers are starting to fall, the number of new infections is still very high and the pressure on the health service is intense. Even if you have had your first vaccine dose, you may still be able to transmit the virus to others so you must still follow the current rules even if you have been vaccinated.

It all means that for now, we have to **stay at home** unless it's necessary to leave for one of the legally permitted reasons.

You can see the latest Buckinghamshire case data on our [COVID-19 dashboard](#) and [local case numbers via the Government's website](#). You can also keep up to date with the latest information via our social media channels on [Twitter](#), [Facebook](#) and [Instagram](#).

The vaccination programme gives us real light at the end of the tunnel and we will get there. In the meantime, if you're finding things tough, do your best to look after yourself; eat well, make the most of your daily exercise opportunity and if you need some extra help then remember that local support services are out there - please check the [Health and Wellbeing Bucks](#) website.

Look after yourselves and each other,

Martin Tett

Leader of Buckinghamshire Council

SERIOUS LOCK DOWN ADVICE

Everyone PLEASE be careful because people are going crazy from being locked down at home!

I was just talking about this with the microwave and the toaster while drinking my tea, and we all agreed that things are getting bad.

I didn't mention any of this to the washing machine, because she puts a different spin on EVERYTHING!! Certainly couldn't share with the fridge, cause he's been acting cold and distant! In the end, the iron straightened me out! She said the situation isn't all that pressing and all the wrinkles will soon get ironed out!

The vacuum, however, was very unsympathetic... told me to just suck it up! But the fan was VERY optimistic and gave me hope that it will all blow over soon!

The toilet looked a bit flushed but didn't say anything when I asked its opinion, but the front door said I was becoming unhinged and the doorknob told me to get a grip!! You can just about guess what the curtains told me: they told me to "pull myself together!"

We will survive!!

Pass it on - gotta keep the humour! 😂😄😌

Do you have any of the following symptoms?



high temperature



new continuous
cough



loss or change in your
sense of taste or smell



Stop the spread!

get tested if you have symptoms, however mild



If you have coronavirus symptoms, no matter how mild, book a test immediately



You can book a test or order a home test for yourself or someone you live with



Go online to www.gov.uk/coronavirus or call 119



[buckinghamshire.gov.uk/coronavirus](https://www.buckinghamshire.gov.uk/coronavirus)



01296 395000



Buckinghamshire
Council



Stay safe, protect Bucks
#StaySafeProtectBucks

Helping Hand

Grants currently available

Heart of Bucks Emergency Assistance Grant for up to £1,00 (but can be higher) to support people adversely affected by Covid-19

Discretionary Housing Payments top up for people who pay rent and have shortfall with Housing Benefit

Council Tax Support top up for people on Council Tax Reduction with a shortfall

Covid-19 Council Tax Hardship Fund £250 one off payment for payers experiencing hardship due to covid-19

Better Housing, Better Health £49 fuel voucher for those with pre-payment meters, plus free impartial advice on keeping warm

Citizens Advice Fuel Grant voucher for those with Direct Debits for fuel

Heart of Bucks Winter Warmth Grant up to £500 for fuel bills, warm bedding, boiler repairs, winter clothing etc.

The Fuel Bank Foundation £49 fuel vouchers via Aylesbury foodbank, plus works with utility companies to support vulnerable residents

Charis Grants 'Let's Talk' Warm Home Scheme £140 credit towards electricity bill and gas bills

British Gas Energy Trust to pay off fuel debt via a grant, supporting the resident to have a sustainable position moving forward

Support Hub Service 01296 395000

Helping Hand Service 01296 531151

Website contact us form [buckinghamshire.gov.uk](https://www.buckinghamshire.gov.uk)

Bucks Online Directory directory.buckinghamshire.gov.uk

Email for officers helpinghands@buckinghamshire.gov.uk

The North Marston Village Support Network still wants to help YOU!

If you still need help with shopping, prescriptions or a friendly voice on the phone, please contact Pete, Tricia, Aly or Rachel; they will coordinate a volunteer to provide the help you need:

Pete York 670479 or 07969 303 967

Tricia Mc Sweeney 670484 or 07875 085 363

Aly Perrett 670302 or 07814 972629

Rachel Callander 07538 363187

Thank you to all the volunteers during the last 9 months the village has really come together. Thank you!

Granborough Support Network

We are now in another lockdown period and therefore if you need support then please do contact us. The Granborough Support Network has come out of hibernation and there are many volunteers willing and able to assist. As before, collection of prescriptions, shopping and dog walking can all be sorted, along with someone to talk to if daytime TV has lost it's sparkle. Please don't hesitate to ask.

Robert Kemp	01296 670204	rookery4@aol.com
Davina Thorogood	01296 670596	davina.thorogood@googlemail.com
Peter Evans	01296 670570	petergranborough@gmail.com
Petra Elsmore	07557045703	petra.elsmore@gmail.com

SAMARITANS

Anyone can contact Samaritans. Talk to us any time you like, in your own way and off the record. We offer emotional support any time for free from any phone on 116 123 - This number won't show up on your phone bill. Or email jo@samaritans.org, or you can go to www.samaritans.org to find details of your nearest branch, where you can talk to one of our trained volunteers face to face.

Enjoy North Marston - beat the Lockdown blues...

Are you, like me, looking forward to the end of lockdown... the end of winter... the end of dark days? Surviving our precious days by wishing them away to reach for an end result which is unpredictable, is very draining and certainly encourages grumpiness !

What has North Marston got to offer, even in lockdown on a bad weather day, I wondered, and started to make a list...

Our SHOP – open all weathers, tasty treats, groceries and much more, all with a friendly smile and a chat if they have time!

Our WALKS – even in bad weather, fresh air makes you feel so much better and appreciate home when you return! Friendly folk will wave and smile, even join in some gossip when far enough away to be heard but not near enough to be unsafe.

** The bird song about the village, especially along Quanton Road can be very uplifting... and try 'apps' on a smart phone to help you identify them if unsure...

** How many PONDS do you know of in NM ? With wildlife in...?

** Do you know where North Marston MUD KITCHEN is? (Ask your children...!)

** Find our EGGS ... more than one supplier of freshly laid eggs for sale...

Our very own COFFEE speciality store – tucked away on the car park behind The Pilgrim, it has been known for outsiders to travel miles for this delicious brew!

Our PUB – offering something special to Take-away on Fridays, just pre-book

Our HISTORY CLUB – online with oodles of stories, also films to watch at home ...

Our PEOPLE & our CHURCH - keeping our spirits up and always ready with cheery words and offers of support.

Our Magazine! Full of information and giving us news of events ahead...

I am sure you can think of loads I have missed Do Enjoy!

EVENTS

FORTHCOMING EVENTS

It goes without saying that the following events are being planned in the optimistic view that Covid Restrictions will have been lifted sufficiently for us all to meet face to face.

Platinum Jubilee of Queen Elizabeth II

On 6 February 2022 Queen Elizabeth II will have reigned as our Monarch for 70 years – the first time a British Sovereign will have been on the throne for **seven decades!**

St Mary's Church Restoration Fund Committee are organising a sponsored bulb planting in North Marston in Autumn 2021 for everyone to take part. Hopefully, we will see a swathe of flowers in February 2022 in honour of Our Queen.

More details later but please put **Saturday 2 October 2021 from 10am – 12 noon** in your diary as the BIG PLANT DAY.

To Be or Not To Be? That is the Question

After a quiet 2020, we hope that our Poetry Evening will rise like a Phoenix from the ashes and provide a wonderful evening of entertainment. Please put the date in your diary: **Poetry Evening Friday 15 October 2021 7.30PM**

Beaujolais Nouveau Evening

Remember going out, meeting friends, eating delicious food, drinking good wine – all these ingredients will be contained in this event. Details later, don't miss out, put the date in your diary now! **Beaujolais Nouveau Evening Saturday 27 November 2021 7.30pm**

If you have any questions about the events above, please ring Jennifer on 670273 or Val on 670479

LARGEST SUNFLOWER HEAD COMPETITION 2021



To all under 18 year olds before Saturday 28th August 2021. We will be holding a competition for growing the biggest Sunflower head.

Annual trophy up for grabs. More details to follow, sow get prepared & grow the biggest Sunflower head your can (not easy)! More details will follow.

You said we should do another....
so here's a date for your diary

Saturday 9th October 2021



Wesley Centre, North Marston

£10 Quiz Night Ticket

to include Curry/Chilli & Rice

To reserve tickets—tables of 6 or 8

amy.dell28@gmail.com or 07392 294376

Raising money for Amy & Matthew's World Challenge trips to Peru
with Waddesdon School & Swaziland with Aylesbury High School,
postponed until July 2022

CHARITY RUBBER DUCK RACE 2021

Our famous 150 x rubber ducks will be coming out of hibernation for the 1st race of 2021. The race (in a very secret location) will be on Saturday 20th March at 3.00pm. At £2.50 each, a duck or ducks can be purchased for your chance to win a Hamper & bragging rights! All money raised will go to local charities & no animals will be harmed in this fundraiser. Social distancing will be observed by the Duck officials & will hopefully the race will be streamed via social media. Good Duck!

To purchase your duck(s) please contact Hannah Goss 670646 or Karl the Baker 07917 002800.



While there may not be events during the unforeseeable future, please share with us any news, and self-isolation activities to keep us all jolly. Contact: editornorthmarston@gmail.com with your updates.



ISLANDS

Answers page 46

1. The HQ of International Rescue is based on which island?
2. In which film does AMITY Island appear?
3. Father Ted lives on what island?
4. Crab Key is an island in which Bond film?
5. How many of the Channel Islands are permanently inhabited?
6. The song Islands In The Stream was famously covered by Kenny Rogers and Dolly Parton, but who wrote it?
7. Papillon escaped from which island?
8. St Kilda is part of which island group?
9. In which bay will you find Alcatraz Island?
10. Which island lies in the Bristol Channel 12 miles from the Devon coast?
11. Princess Margaret was given a wedding gift of ten acres upon which she had a residence built on which island?
12. Which Mediterranean island played host to the exiled Napoleon in 1814?
13. The Island Record label was created on and named after which island?
14. On the TV programme Fantasy Island what was the character name of the diminutive, white-suited overseer?
15. What is the name of Richard Branson's base in the British Virgin Islands?

CONTRIBUTIONS

Homelessness

As the weather turns very cold we are cascading messages on our social media channels in relation to homelessness. The Council is still operating over the winter under 'Everyone In' scheme due to the Covid19 pandemic and so 'SWEP' will effectively operate over the winter until 31 March 2021. As such there is no need for anyone to sleep outside over the winter.

If you see anyone sleeping out on the streets of Buckinghamshire, please contact StreetLink via <http://streetlink.org.uk> or phone 0300 500 0914, who will notify our dedicated Outreach workers. If you see anyone you believe to be under the age of 18 and or are concerned about the health or welfare of anyone that you see sleeping rough please call 999.

During Office hours you can contact Buckinghamshire Council's housing teams on the following numbers:

Aylesbury Vale: 01296 585168

Chiltern and South Bucks: 01494 732013

Wycombe: 01494 421212

Breathe Easy Winslow and Buckingham!

If you would like to join the British Lung Foundation Zoom meetings, these are held on the **last Wednesday of each month**, from **2.00pm**, please contact the details below

Breathe Easy groups are a patient led voluntary organisation that aims to support and provide information to patients affected by respiratory conditions, their friends, carers, and family.

Everyone is welcome.

For more information please call Zoe on 07732 867864
be.wnslw_bcknghm@btinternet.com www.blf.org.uk

Charity no.326730
Paula Jenkins



Hello, I'm calling from the Police.

Pause... and think:

Police officers and staff will never ask you to handover cash or your bank cards.

If you are in doubt, you can call 101 and speak to the force the officer claims to work for. Our call operators will be happy to check their identity and officers will be happy for you to confirm their legitimacy.

All police officers and staff are issued with unique warrant cards which they will be happy to show you.

Report all scams to Action Fraud.

OPERATION GAUNTLET working in partnership with:





@mindful.eco



With environmental issues becoming progressively worse, it would be great if we could each do our bit for the environment. So, each month 'mindful eco' will bring you tips, recommendations and information on how you can be more eco-friendly :)

Why not make at least one of these tips a New Year's resolution?



Renew 182

A quiet shared space
where it's ok not to be ok

A wellbeing café where all are welcome and valued

Saturdays 10-12

Well Street United Church

Please book a place to attend

- A place to share in a cuppa and conversation
- A place to bring a hobby or try one of the activities provided
- A place to learn inner habits of wellbeing
- A place to be supported in good mental health
- A place open to those of any faith or none
- A place, simply, to be.

Well Street United Church, Well St, Buckingham, MK18 1ET

For more information or book your place

Visit our website: www.wellstreetoffice.org.uk

Email: wellstreetoffice@gmail.com telephone 01280 56780



Village
Gallery

Icicles
by Graham Fisher

Flock and Fields

You may have heard of Veganuary, many may even have spent the last month eating a Vegan diet. I know my sister has and I applaud her for realising we need to eat less meat and increase our plant based diet. This undoubtedly has many health and environmental benefits. I have found Dry January enough of a challenge to think removing meat was a good idea as well!!

Another January movement was #REGENUARY! This is a movement urging consumers to consider a different approach to eco-friendly eating.

The worry for us is that many who have done Veganuary will be eating imported foods and to the inexperienced vegan shopper the meat will have likely been replaced with fake meat substitutes. The problem is that many fake meat substitutes are produced from highly processed plant based products grown as high input, environmentally damaging, mono crops and more often than not they have high food miles.

Regenuary suggest that for a month your food should be seasonal, grown locally, not imported and produce and livestock is farmed and produced using regenerative agriculture.

Regenerative farming describes farming and grazing practices that, amongst other benefits, aims to reverse climate change by rebuilding soil organic matter and restoring degraded soil biodiversity – resulting in both carbon drawdown and improving the water cycle. This applies to all foods: meat, fish, dairy, grains, nuts, seeds, legumes and vegetables.

Where possible source from British suppliers, and do what you can to minimise the impact of transportation. If it is difficult to source regeneratively produced ingredients look for organic, biodynamic, pasture fed and most of all buy direct from small producers wherever possible.

Perhaps Regenuary shouldn't just be for January!

As always to keep up to date with our flock check out the website www.flocksandfields.co.uk and follow us on Facebook and Instagram.

Fundraiser Quiz

Karl McWirtter (the baker)and Les Penrice had a 70 question sheet which raised £290 in donations for the Thames Valley Air Ambulance, Many thanks to all who took part

Answers to the Quiz:

- | | |
|-------------------------|---|
| 1 OLAF | 41 RUGBY UNION |
| 2 THE CLANGERS | 42 GEORGE ORWELL |
| 3 A BAT | 43 TOURIST TROPHY |
| 4 FATHER TED | 44 TOWER OF LONDON |
| 5 VENUS | 45 22yds |
| 6 ABBA | 46 MICHAEL BOND |
| 7 PEAR | 47 ELEPHANT |
| 8 THE BEATLES | 48 RONALD McDONALD |
| 9 TOM SMITH | 49 ALASKA |
| 10 LADY GAGA | 50 FIONA |
| 11 PARIS | 51 AZERBAIJAN |
| 12 INDIA | 52 EDINBURGH |
| 13 ENGLISH OAK | 53 MISS MONEYPENNY |
| 14 RED | 54 POTATO |
| 15 Au | 55 SPRINGFIELD |
| 16 EVERTON | 56 YELLOW |
| 17 WILLIAM WORDSWORTH | 57 WOODY |
| 18 SOUTH AFRICA | 58 K in scrabble is 5 |
| 19 SCAPELL PIKE | 59 SOUTH AMERICA |
| 20 McLAREN | 60 OSTRICH |
| 21 ST ALBANS | 61 LEICESTER |
| 22 WILLIAM ROACH | 62 WINDSOR |
| 23 WENSLEYDALE | 63 CUCKOO |
| 24 JACK DEE | 64 ROSE CHAFER a beetle ,the rest butterflies |
| 25 THE LETTER E | 65 TOGGENBURG a goat, the rest sheep |
| 26 A FISH | 66 CONCORDE a pear, the rest apples |
| 27 C S LEWIS | 67 LEA AND PERRINS |
| 28 HATS | 68 VODKA |
| 29 1840 | 69 OUTER HEBRIDES |
| 30 GLASGOW | 70 ALADDIN |
| 31 BARBADOS | |
| 32 PADDINGTON | |
| 33 THE NILE | |
| 34 MATLOCK | |
| 35 MARTIN LUTHER KING | |
| 36 THEY ARE ALL PRISONS | |
| 37 RAVENS | |
| 38 IRISH SEA | |
| 39 THE VATICAN | |
| 40 A TEAM OF 7 | |

Thought for the month

We had a shock the other day. We looked in the utility room, which has become a bit of a dumping ground for hats, scarves, boots etc for our daily walks. We noticed a pile of boxes in the corner - chocolates! (I'm putting on my David Attenborough voice when he is announcing worrying news about animals or climate change). We decided to face the situation head on and bring them out and pile them on the table. Eight boxes! All very wonderful and either bought or gratefully received. We shall gradually and enjoyably work our way through them but it might take us sometime!

There have been many shocks lately and many of them unpleasant. Seeing crowds laying siege to Washington Capitol, the Covid Numbers rising and people saying that our hospitals are empty and it's all a hoax.

Jesus often shocked people by what he said and did. He called ordinary fishermen to leave their families and livelihood to follow him; he fed 5000 people with five loaves and two fish; he healed a man on the Sabbath; he touched a leper to heal him; he was angry when he saw people misusing the temple; he laughed and wept.

Let's hope that all the shocks ahead of us are good ones and we know that whatever happens we are not alone. We have family, friends and God on our side and that really is shockingly good news.

Blessings. Janet

MATTHEW'S WAY

Those of you who are familiar with the Matthew's Way Walk will notice there have been a few changes when you next walk the route. Several new gates have been installed to replace the old timber stiles, but the biggest change has come about on the outskirts of Quainton. The route has not changed but it has been greatly enhanced by work carried out at Ladymead Farm.

The Barrett family, who own Ladymead Farm, Quainton have been carrying out major landscaping in the grounds of their property. New ponds have been created; a new orchard has been planted along with many new trees. All very much to the benefit of the local wildlife.

The entrance to the farm has undergone major changes and now features new hedging which encircles three separate areas of grass with a semi-mature tree in each segment.

On 1st January we (Lane family) were invited to Ladymead to unveil a plaque in memory of our son Matthew and to dedicate the planting of a new tree. This was the first time we had seen the new entrance and we were delighted to be asked to do the honours.

If you are familiar with the six-mile route of Matthew's Way you will be pleasantly surprised when you next walk the footpath as it passes directly through the entrance to Ladymead Farm. Why not take a few minutes to sit on the large rocks which the Barrett family have placed in the area for walkers to sit and rest, while taking in the beautiful surroundings?

When the current Covid restriction are finally lifted, and if conditions allow, it is our intention to organise a group Matthew's Way Walk sometime during 2021. It is a few years since we last organised a group walk so keep an eye out later in the magazine for further news on this.

Trevor & Cathy Lane



Very generous donations have continued to pour in every month, for which we are very grateful. We are proud to be able to deliver a car boot full of food to the Foodbank on the first Monday of every month.

The need has never been greater among lower income families, and others struggling financially in the current situation. The Foodbank has had its own difficulties, including dealing with the large quantity of food donated at Christmas, with fewer volunteers allowed to work in its centre due to social distancing requirements.

However, when we visited on 19th January, they were extremely well organised and sending out more boxes than ever before to those in need. So we need to keep the donations coming!

Monetary donations are always welcome too, and we have received these from the villages. One of the ways money is spent is to top up food where stocks of certain items are running low.

The usual dry and/or tinned foods will be welcome this month, particularly



powdered milk
sponge puddings
tinned fruit
tinned rice pudding
custard
fruit juice

**Please leave your donations in the wheelbarrow at the back
of 47 High Street
on Sunday 7th February**

Thank you! Aly and Dave Perrett



Baby given Gin

Buckingham Examiner May 1860

“An inquest was held at the Wheat Sheaf, on Wednesday, before Thomas Parrott, Esq, deputy coroner, on the illegitimate male child of Emma Warr. The child was only seven days old, but had had gin given it more than once by the grandmother by the recommendation of the nurse. Mr. Denne, surgeon, was called in, but did not arrive till after death. He stated that the child died from convulsions, arising probably from jaundice, but that gin would be especially improper for a child in that state. The jury returned a verdict of “Death from Natural Causes”.

Quiz (answers on page 46)

1. Who wrote the novels Jurassic Park, Sphere & The Andromeda Strain?
2. Which company operates the Trafford Centre in Manchester & Eldon Square in Newcastle?
3. US TV presenter Alex Trebek died in November 2020 aged 80; which quiz show did he present for 36 years?
4. What is a third of three quarters of a half?
5. Who are the only British group to have a top 20 hit sung entirely in Latin?
6. How much in New Pence did 14 shillings and sixpence become when the UK went decimal in February 1971?
7. In which US State is the city of Charleston?
8. Spelter is a metal alloy used to imitate bronze – what 2 metals is it made from?
9. Which disease is commonly known as the “kissing disease”?
10. Which classic sauce is used on Eggs Benedict?

NORTH MARSTON RAIN AND TEMPERATURES FOR 2020

As with previous years here are the local rainfall figures, measured by my 'Pluviometer' [rain gauge] and temperature figures for 2020. The figures in brackets are 2019.

January 2020 was basically a mild month with quite a bit of rain some wind and a couple of mornings of early light frost but all in all not a bad weather start to the year.

February started with a frost but the month became generally mild albeit with strong winds from storms Ciara and Dennis with heavy rain which brought flooding to parts of the country. The mild weather persisted and brought out daffodils towards the end of the month albeit early morning snow decorated the village for half a day in the last week of the month.

March was mild and cool with some rain and a few days of high wind towards the end of the month. There were few pleasant sunny days.

While it rained the first days of April the month brought warmth and sunshine and a mini heat wave for the Easter weekend and the first roses in Church Street. The end of the month was cooler - and the heating went back on - with the last days of the month giving us all the April showers within 48hrs!

The first day of May gave us some hail stones but after that rain was a 'luxury' we did not have very much of it. The weather in May was very warm and sunny.

Well it did rain in June but the middle of June saw very warm temperatures - a bit of a heat wave, temperature in the 80s Fahrenheit. The last days of June were cooler

Well it rained in July as well but the sun came out in the latter part of the month with a final days of very warm weather but not quite as warm as last year .

Well what a contrasting month was August ! The highest temperature of the year nearly reaching the 90s and the highest monthly rainfall of 134mm, not seen for some ten years when in August 2010 we had 129mm. The very heavy rain periods in the month complemented some very hot days.

September started with a short shower followed by warm weather that got warmer and very dry which continued through the month with many sunny days. With the autumn equinox we saw a change to cool weather and heavy rain.

To say it RAINED in October is an understatement The first four days of October saw 82mm of rain, over 3inches The total rainfall for the month was 152mm, 6inches. We did have some sunshine and a few nice days and the weather was generally mild.

Yes it did rain in November but fell short of October's record. We did have the first frost of winter and some sunshine to complement the rain.

December was dominated by Storm Bella at Chrstmas which brought flooding in Buckingham, North Marstion faired well with rain, some warm days, and bit of frost.

Our annual rainfall for 2020 was 29.3 inches, 737 millimetres, the highest recorded in the last ten years.

Paul Ketteridge

RAIN FALL & TEMPERATURE READINGS FOR 2020

MONTH	INCHES	MM	MAX °F	MIN °F	MAX °C	MIN °C
January	2.0 (0.7)	50 (17)	55 (50)	30 (27)	13 (10)	-1 (-3)
February	1.9 (0.8)	49 (25)	55 (61)	30 (28)	13 (16)	-1 (-2)
March	1.1 (1.2)	27 (30)	56 (59)	34 (36)	13 (15)	1 (2)
April	1.5 (0.7)	37 (18)	68 (70)	39 (32)	20 (21)	4 (0)
May	0.3 (0.6)	7 (15)	74 (72)	38 (38)	24 (22)	3 (4)
June	2.8 (2.5)	70 (64)	82 (84)	46 (48)	28 (29)	8 (9)
July	2.0 (1.2)	50 (30)	84 (90)	52 (54)	29 (32)	11 (12)
August	5.3 (0.9)	134 (23)	88 (81)	63 (54)	31 (27)	17 (12)
September	1.5 (2.3)	38 (59)	75 (71)	45 (45)	24 (22)	7 (7)
October	6.0 (3.2)	152 (82)	61 (64)	43 (37)	16 (18)	6 (3)
November	1.4 (3.0)	35 (75)	59 (57)	34 (32)	15 (14)	1 (0)
December	3.5 (2.2)	88 (55)	57 (54)	32 (32)	14 (12)	0 (0)
<u>Total</u>	<u>29.3 (19.4)</u>	<u>737 (493)</u>				

COMMUNITY ROUND UP & VOLUNTEERING

Granborough Village Hall Needs You

Granborough village hall is a registered charity run by a group of Trustees who are responsible for maintaining the hall and grounds. The hall is for everyone to use and is hired regularly by many age groups for meetings, classes, parties and other events. The Church use it as a hall and the Parish Council meets there. We should have a minimum of eleven Trustees who include the Vicar, the Chairman and Vice Chairman of the Parish Council. We would welcome more residents to join us. The only qualifications required are that you live(ed) in Granborough and have an interest in the future of the village hall. We are approaching exciting times as we plan to re-open a fully restored hall in Spring 2021 with a new calendar of exciting events.

We meet between 6 and 8 times a year and organise several social events during the year. We also support other village events such as the Charter Fayre.

Granborough residents have told us how important the village is to all of us! Please consider becoming a Trustee and helping to maintain our historic and rather lovely village hall.

For further information please contact any Trustee or the acting Secretary, Davina Thorogood on 670596.



Children's Society Boxes

Thank you to everyone who has a Children's Society Box and has continued collecting donations over the last year.

Box opening usually takes place during February and March but this is currently on hold. As soon as the situation improves and the boxes can be opened and counted I will let you know.

If anyone would like to start collecting and would like a box please let me know.

Tam Butterworth, 07591 056097

Three more village films launched

The North Marston History Club has posted three more films on-line.

The first is ***"The Quainton Pilgrims"*** and traces the footsteps of a group of pilgrims in 1355 as they made their way from the West Country and Oxford to visit the shrine of John Schorne in North Marston. The film catches up with them in Quainton as they prepare to climb the hill to North Marston on the last leg of their long and hazardous journey. It looks at the artefacts they will have seen and at the traces they left as they journeyed through. It looks at who these people were and what drove them to undertake such a hard and dangerous journey. You can watch this film by clicking on <https://youtu.be/ILsCTp26sSY>.

The second film is ***"Local Timber Framed Buildings"*** and explores the medieval and post-medieval buildings all around us, and at the way they were constructed. Many of our village buildings date back to the 1600s and some are a good deal older than that. Not all buildings are quite what they seem with many hiding their heritage under later make-overs. The film looks at the signs to look out for that help you to "read" a building and to work out how old it might be. You can watch this film by clicking on <https://youtu.be/jfD62ZdSpjY>.

Our third film is called ***"Ordinary Folk and Medieval Worship"*** and takes us on a journey back to 1350, just after the Black Death had wiped out almost half the population. It looks at the role played by the church in the lives of ordinary village people, and how everything in their lives was linked to their religion. It looks at the impact that surviving the "Great Pestilence" had on the way people thought about their faith, and how the whole culture was swept away in a lifetime through the power of one man who had visited North Marston twice....King Henry VIII. You can watch this film by clicking on <https://youtu.be/nwz7XdaHx9g>.

Granborough Village Hall Update

The internal refurbishment of the village hall has now been completed and it is looking good! The new central heating is up and running in time for this cold weather. The other good news is that we have received confirmation of a second large grant that enables us to complete the external restoration of the hall. This work is planned for the Spring and afterwards we will hold a grand reopening of the village hall – something to look forward to.

Meanwhile the hall will remain closed under the current COVID 19 restrictions and no new bookings will be accepted at this time.

Granborough Church Flowers Ladies

Firstly I hope that you are all well and staying safe in these difficult times. With the church being closed for most of 2020 our services were not required although I do thank Jo Williams for decorating the church for our harvest festival service. The highlight of our flower decorating year! Whilst the church remains closed and the current COVID 19 restrictions are in place I will postpone completing a flower rota. Like me I suspect that we all hope to be able to celebrate Easter in church and so begin using our flower arranging skills again. I will contact you at the appropriate time and until then stay safe and well and let's all hope for a better 2021.

Davina

Lights of Friendship

A big thank you to everyone who supported Lights of Friendship raising £1300 for St Mary's Church. Thanks to Trevor Lane and Paul Bagni for organising the tree. Thanks also to our tree sponsors.

Love Your Countryside

North Marston and Granborough are wonderful rural farming village, thank you kindly for treating it all with compassion and care.

The Countryside Code:

- Respect- Protect- Enjoy-
- Keep dogs under control.
- Leave gates as you find them.
- Be considerate of the local community.
- Leave no trace of your visit; dispose of rubbish responsibly

Enjoy Walking your dog:

- Please consider your dog is an unfamiliar animal to the livestock, please don't spook or stress any animals. Livestock worrying is a criminal offence.
- If you ever feel threatened by cattle, release your dog. Do not protect it. You can then get to safety, and your dog can escape through small gaps.
- Did you know dog poo can spread disease to livestock? This occurs when the livestock eat the grass grown through and around the dog poo. It is a common occurrence and unfortunately results in death.
- Bag It & Bin It. Any waste bin can be used for dog poo. Please do not leave it in a bag anywhere, as bagged poo has resulted in livestock and wildlife deaths in the area. North Marston has 8 red dog poo bins and 6 green general waste bins, dog poo can go in any of these.

On Farmland:

- If ever you are attacked by a Bull or Cow, remove a piece of clothing and throw towards the animal as a distraction, to allow yourself to retreat to safety.
- Please stick to the footpaths. Please do not wonder on private land. Please do not broaden paths Please do not destroy crop or wildlife by walking on them.

Gatherings, Clubs & Groups

North Marston Monday Club

We have decided that it's in everyone's best interest to suspend Monday Club meetings for the time being. We will let you know as soon as the situation changes and hope to see you all before too long.

Best wishes, The Committee

Winslow & District
Community Bus

wdcbenquiries@btconnect.com
www.winslowbus.com

WDCB Coronavirus Update January 2021

As the Government has put us into a further lockdown, and with the increasing numbers of COVID cases, in the interest of the safety of our passengers and our volunteer drivers, it is with regret that we have taken the decision to suspend all services until further notice.

We will provide an update prior to the resumption of our services.

We all hope that you stay well during this difficult period.

Lynne King, WDCB Co-ordinator

SPORTSFIELD 100 CLUB PRIZE DRAW

The last prizes of the current draw were awarded at the January Parish Council Meeting. This is now the last opportunity to renew or to sign up for the first draw of the new year – to be drawn at February's PC Meeting.

For those that do not participate these are the details:

Each individual pays £15 a year for a number between 1 and 100. Players can buy as many numbers as they wish but when all 100 numbers are allocated they are gone. Each month there is a prize draw. 3 numbers are drawn winning £30, £20 and £10. The December draw prizes are doubled to £60, £40 and £20.

The renewal is February 2021 for the year to January 2022.

Thanks you to everyone who has already renewed for 2021. Please will existing number holders contact gordon.bowden@qhfp.co.uk or 07813351998 to confirm that they wish to participate again. £15 per number payment is to be made to:

Account: North Marston Parish Council - Sportsfield

Sort code: 30 99 74

Account no: 00587128

Please use 100 Club and your surname as the reference.

Alternatively payment can be made by cheque payable to North Marston Parish Council – Sports Field. Drop your cheque into any member of the sports field committee.

The most convenient way to pay is by annual Standing Order.

Please set this up at your bank and confirm to gordon.bowden@qhfp.co.uk that you have done it.

Please ensure that you renew promptly to avoid your number being offered to new participants.

There are currently some numbers available for new participants. If you want to participate please let me know.

Thanks and good luck in the draws!

Gordon Bowden

On behalf of the Sportsfield Committee

gordon.bowden@qhfp.co.uk

07813351998

CHURCH NOTICES

**St Mary's
Church,
North
Marston**



**St John
the Baptist
Church,**



St Mary's Church, North Marston and

St John the Baptist Church, Granborough – Notices for February

After such an extended period of restrictions on our communal worship, we are all longing to come together and worship in the way we used to, in our churches and in the Wesley Centre, and to join together for social and fundraising events. But for the time being, with God's grace, we will be continuing with weekly Zoom services for the foreseeable future.

The programme of services for both churches in February is:

Sunday 7th February: *Zoom* Family Service at 10.30am.

Sunday 14th February: *Zoom* Family Service at 10.30am.

Sunday 21st February: *Zoom* Family Communion Service at 10.30am

Sunday 28th February: *Zoom* Family Service at 10.30am.

If you have not joined a Zoom service before, and would like to, please approach Petra directly by email, and she will send you the link in advance.

Together with the regular ***Sunday Reflections*** and ***Candle of Hope***, we hope that this will mean there is something for everyone. If you would like to receive the ***Sunday Reflections***, please email Petra. If you would like to receive ***Candle of Hope***, please email Janet.

Online Services

You can access David Meakin's weekly service, livestreamed at 11am, on the Schorne Team Facebook page, or later in the day via YouTube.

You can share a recorded service, produced by Steve and Sarah Flashman, which is downloaded to the Quainton Church website on Mondays (see www.quaintonchurch.com).

The Diocesan 10.00am Sunday morning communion service can be livestreamed directly from the Diocese of Oxford's website, with a downloadable Order of Service to accompany it: <https://www.oxford.anglican.org/coronavirus-covid-19-2/livestream/>

There are very useful resources on the Church of England website: <https://www.churchofengland.org/>

Prayers and Support

We are keen to offer all the support we can at this time, and even if we can't visit, we are available for pastoral phone conversations. If you have particular concerns that you would like to share and talk through with someone, then please let Petra or Janet know.

In both parishes we have a long-established prayer ministry. To request prayers for family or friends, please contact one of our co-ordinators or either minister directly. Requests for prayers will be dealt with sensitivity and confidentiality.

Prayer co-ordinator for North Marston Church:

Anne Nicholson nicholsonanne759@gmail.com

Prayer co-ordinators for Granborough Church:

Jayne Evans jaynegranborough@hotmail.com

Alison Rosser paulandally1979@gmail.com

Morning Prayers via Zoom and are open to all. These take place on Thursday mornings from 10.00am – 11.00am. Please email Petra if you would like to join us, and she will send you a link to the meeting. You can be an active participant, or just watch and listen.

The Future

With infection rates still very high in this area, much caution is needed when we meet with others: social distancing and face-covering rules apply to all of our social interactions outside our homes. This means that loneliness, anxiety and a sense of isolation can be felt by many within our village communities.

It still may not be possible to meet up and see each other in person, but we can keep in touch by phone and email. If you find yourself struggling and need help, please let us know if there is anything we can do.

Clergy

Rev Petra Elsmore: 07557045703 petra.elsmore@gmail.com

Rev Janet Bayly: 670245 janet.bayly@gmail.com

Churchwardens North Marston:

Aly Perrett 670302 alysonperrett3@gmail.com

Tricia McSweeney: 670484 tricia.mcsweeney@btinternet.com

Churchwardens Granborough

Peter Evans 670570 petergranborough@gmail.com

Robert Kemp 670204 rookery4@aol.com

Useful resources on mental health can be found here: <https://www.churchofengland.org/faith-action/mental-health-resources>

For services and organisations that can offer help and support you can check this link:

<https://www.mentalhealth.org.uk/your-mental-health/getting-help>



LENT COURSE

This Lent we will look together at the book of Psalms.

The Psalms give voice to human experience. When we contemplate the Psalms, we stand in solidarity with those who experience joy and anguish, faith and doubt, consolation and desolation. The Psalms are an extraordinary collection of songs-poems-prayers through which God's people have drawn close to him personally and communally.

We will meet over Zoom on Tuesday evenings starting on 23rd of February at 7.30pm for five weeks. Please contact Petra if you would like to join our Lent Course.

Notelets

Rosemary Morton has some notelets illustrated with a drawing looking up School Hill from the bottom. These are available for purchase at 20p each (without envelopes). Please contact Rosemary if you would like some (670391).

Proceeds in aid of St Mary's Church Restoration Fund

KIDS & PARENTS


Celebration of learning

Despite all the restrictions, here at North Marston School we are incredibly proud of all the hard work the children are doing both at home and at school. Reception Class have created some animal fact files; Year 1 have been designing African sunsets; Year 2 have been writing character descriptions; Y3/4 have produced a poem and work based on the book "Iron Man" and Y5/6 have produced some super colourful artwork.

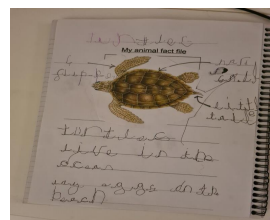
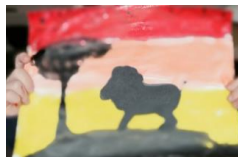
**MYSTERIOUS
IRON
CREATURE
ATTACKS
LOCAL TOWN!!**

By FLORENCE GUAINIERE

The monstrous creature who people are calling the "Iron Man", has attacked us once again. One eye witness has recalled that, "He is the most terrifying creature I have ever set my eyes on!" All we could find left of this beast, is one enormous ear which is the size of a 30 inch flat screen TV! We will report any more findings of this mechanical being shortly. Please keep you and your families safe!!



Reuters





Football

If you have a child who wants to play please contact the following coaches:

Under 8: Nick Thompson, nickasjt@hotmail.com

Under 9: Dave Williams, daveivorwilliams@hotmail.com

Under 10: Graeme Foster, graeme@crackerjack.couk

Thank you

1st Granborough Scout Group

Beavers (6-8 year old); Cubs (8-10.5 year old); Scouts (10.5-14 year old), Explorers (14 +)

If you are interested in your child joining please do email us on the below address.

Adults (18+)

With more people working from home, perhaps you are thinking,

“What could I do with the extra time I have gained from not having to travel? I have heard the young people involved in 1st Granborough have so much fun, I could help them!”

Could you give an hour or so occasionally, you don't have to volunteer every week, but you may find you have so much fun you simply want to come back and help every week!

If you have an interest you could share as a one-off please let us know too. Examples of people who have come along to our meetings include: talks on sleep, charity work, first aid learning, making bird boxes out of wood.

Still waiting to hear from someone!!!! Thank you.

1stgranborough@gmail.com



Village
Gallery

Between The
Signs *by John
Spargo*



Village Gallery

North Marston Church
by Alan Williams

COUNCIL UPDATES

Public Rights of Way (PRoW): Footpaths and Bridleways: Responsibilities for Maintenance

The Parish Council is not responsible for maintaining footpaths, responsibilities are divided between landowners and Buckinghamshire Council (BC). This is a quick guide, detailed information is at <https://www.buckinghamshire.gov.uk/environment/public-rights-way/>

Trees and hedges: it is the landowner's responsibility to maintain hedges and trees adjacent to PRoWs. BC has powers to require owners to remove overgrowth (Highway Act 1980 section 154). Undergrowth: BC are responsible for clearing any vegetation naturally growing on the surface of a path, and respond to requests for clearance as required.

There is nothing to prevent walkers from clearing PRoWs and Ramblers Association Path Clearing Groups do so in some areas. Leave the landowners vegetation: it is their property.

Autumn cultivation and PRoWs: Legally, a farmer may plough a PRoW only if it is not convenient to avoid disturbing the path, but must reinstate it within 14 days of first disturbance, and the path must be levelled and made visible, and within 24 hours of any subsequent disturbance. Reinstatement must be: at least 1 metre for a cross-field footpath, across the cultivation; 2 metres for a crossfield bridleway across the cultivations.

Report an issue on a public footpath, bridleway or byway online. <https://prow.buckscc.gov.uk/standardmap.aspx>

Eg: broken stiles; overgrown vegetation or fallen trees; damaged or dangerous path surfaces; damaged or dangerous bridges; damaged or missing signposts and waymarks.

Or, The Ramblers Association: Report path problems through Pathwatch and they will alert the local highway authority. <https://www.ramblers.org.uk/advice/pathwatch-report-path-features-and-problems.aspx>

The Ramblers have their Pathwatch App you can download and then report problems on your walk as you come across them.

Village Maintenance

Potholes & Highway Maintenance

Potholes and Highway maintenance can be directly reported using the following link <https://www.fixmystreet.buckscc.gov.uk> You can ask for a reference number so that progress can be tracked. (please pass this onto the Parish Council). In an emergency, for instance a severe road defect, a flooded road, or a tree in the road, call Transport for Buckinghamshire on 01296 382416 or 486630 (out of hours).

Lighting

In the event that you see a light not working or is broken please email the clerk (editornorthmarston@gmail.com) with the following information: Road Name, Light Number (will be displayed on the column) OR nearest House Name/Number. Your Contact Details

Important Links:

BCC waste webpages – www.buckscc.gov.uk/HRC

SCRAP Fly tipping, advice on disposing of waste responsibly - www.buckscc.gov.uk/fly-tipping

Apply for a waste permit – www.buckscc.gov.uk/wastepermit

Potholes and Highway maintenance - www.fixmystreet.buckscc.gov.uk

Planned Roadworks and diversions – www.buckscc.gov.uk/services/transport-and-roads and waste guide – www.aylesburyvaledc.gov.uk/section/recycling-and-waste

Bin collections dates:

Recycling Bin

Monday 1st February

Monday 15th February

Monday 1st March

Waste Bin

Monday 8th February

Monday 22nd February

Minutes of the North Marston Parish Council Meeting held virtually on 'Zoom' Tuesday 12th January 2021 at 8.00pm

Due to the coronavirus meetings cannot be held in a public place NALC briefing dated 3rd April 2020

Attendees: Cllr Mordue, Cllr Symonds, Cllr Du Plessis, Cllr Martin, Cllr Hogbin-Mills, Cllr Boyt, Clerk Rachel Callander & 2 members of the public

100 Club Draw: January Draw: 1st prize 6 Alan Still, 2nd prize 68 Peter Howes, 3rd prize 81 Des & Jan Quinn

1. Neighbourhood Plan: The plan has been delayed by a month due to the pandemic. Question of the validity of the plan was raised. There will be a requirement of 2 open meetings to receive comments on the plan rather than relying on online as this may risk leading to the inspector rejecting the plan. A detailed formal submission of aspirations from the Parish Council is required. A draft to be submitted to the Chair of the steering group by the 5th February

2. Hedges/Village Upkeep: Agreed an update on the village classification for the hedge cutting & mowing will be presented in the February meeting. Agreed the Wildflower verge project will be extended to the 2 verges inside the NM gates from Oving direction as well as the verge opposite the Sportsfield. A timeline plan to be written and circulated.

3. Parish Action Plan/Projects:

Playground – The project has been delayed due to the weather and will aim for end February for completion. Agreed the CCTV will be installed by end January. **Village Hall** –Agreed Rapid Rural and BT will be asked to quote on an internet connection for the VH. Heritage to be contacted. Agreed to alter the feed pipe from the oil tank so that it doesn't stick out across the path and to clip the oil pipe to the wall.

Website – Agreed to select a new word press template for the website. The number of hits on the online magazine can now be measured.

Traffic Calming – Proposals from NMCSW for low costs speed solutions delayed and will be presented in the February meeting – NMCSW Team.

Dog fouling – Agreed that the amount of dog fouling around the village on pavements and fields has increased. Acknowledged that an awareness of the need to pick up ALL dog fouling is necessary. A5 signs and social media messages will be designed to address the issue. **Land opposite 29**

Quainton Road – Resolved – 3 actions were agreed:

- i. Ownership of the land - The PC will enquire further as to the ownership of the land looking at land registry and with the help of Bucks Council
- ii. PC boundary - The PC will re-establish the PC boundary between the PC Barn and the neighbouring land, based on advice from Bucks Council
- iii. Fence - Ian will send a letter seeking to find a resolution to the fence, which will be passed to the ladies solicitor. It will suggest the shed is flattened and the fence taken down. *The fence is not the responsibility of the PC and therefore the communication from Ian will be as a representative of a group of neighbours and not the PC.*

4. **Finance:** Approved the 2021/22 budget and agreed the 5% increase in the 2021/2022 precept to £30,000

5. Next Parish Council meeting:

- February 9th 2021 Zoom

Full minutes can be found on northmarston@gmail.com

North Marston Village Hall Hiring Calendar

Please also see northmarston.org for calendar

Please contact northmarston@gmail.com for 'Zoom' ID & password for parish Council meetings

Brain Teaser - Answers

1. Tracy Island
 2. Jaws
 3. Craggy Island
 4. Dr No
 5. Seven: Jersey, Guernsey, Alderney, Sark, Herm, Jethou and Brecqhuo
 6. The Bee Gees
 7. Devil's Island
 8. The Outer Hebrides
 9. San Francisco Bay
 10. Lundy
 11. Mustique
 12. Elba
 13. Jamaica
 14. Mr Roarke
 15. Necker Island
-

Quiz Answers

- | | |
|----|-------------------------|
| 1 | Michael Crichton |
| 2 | Intu |
| 3 | Jeopardy! |
| 4 | One eighth |
| 5 | Steeleye Span (Gaudete) |
| 6 | 72½ New Pence |
| 7 | South Carolina |
| 8 | Zinc and lead |
| 9 | Glandular fever |
| 10 | Hollandaise |

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Mandy Simons, Chief Operating Officer (COO)
Puzzle Centre - Education, support & research for
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Steve Upton (MBACP)

07549 122463

steve@roomtotalkcounselling.co.uk

If you feel I can help, please contact me by phone, text or email.
I can usually book your first appointment within 7 days.

Wings Clinic

Marston Road
Granborough
MK18 3JX

Tel: 01296 714504

Wingsclinic20@gmail.com

Wings Clinic is a purpose-built clinic all on one level with ramp access and on-site parking in a peaceful setting, offering a range of therapists.

Katie – Osteopath/Naturopath,

Georgina – Reflexology; Steve – Chiropractic

Andrew – Foot Care, Philippa – Psychological

Jay – Hypnotherapy/Confidence Coaching

Derryn Snowdon – Bio-Resonance, T.R.E and Life Coaching

Dr Iain Clark.

We still have some vacant sessions to rent for qualified therapists/beauticians to join this friendly team.

For enquiries and appointments please ring the above number or email.

The Swanbourne Clinic

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“Alchemy Aesthetics Skin Clinic”

Melanie Recchia RN INP

Registered Nurse. Independent Nurse Prescriber.

Medical Aesthetic Nurse Practitioner

Medical Aesthetic Trainer.

23years as a Registered Nurse (Burns and Plastics and Accident & Emergency)

134years' experience in Medical Aesthetics

Lead Trainer for long established cosmetic training companies.

Allergan Ambassador and Trainer. Fully Insured. Accredited by Saveface

Board member of the British Association of Aesthetic Nurses (BACN)

Treatments carried out in a purpose-built clinic in a private location in North Marston Bucks.

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USEFUL NUMBERS

Citizens Advice	Aylesbury	08701	264056
Citizens Advice	Buckingham	01280	816707
NM&G County Councillor	Netta Glover	01296	688357
NM&G County District Councillor	Scott Raven	07841	560877
NM&G Sportsfield Chairman	Trevor Lane	01296	670100
NM&G Football	Barry Kirwan	01296 670135	07956 815489
Snr Cricket Club Captain	Gordon Bowden	07813	351998
Jnr Cricket administrator	Trevor Lane	01296	670100
Jnr Crusaders	Karen Bunyan	01296	670814
'The Crew' (snr Crusaders)	Robert Kemp	01296	670204
Granborough Scout Group	1stgranborough@gmail.com		
Granborough Bell Ringers	Malcolm Newman	01296	670483
Granborough Play Area	Tors Firth	01280	823116
Granborough Senior Citizens	Margaret Inkley/ Jackie Lloyd-Jones	01296	670612/ 670210
Granborough Village Hall Secretary	Emily D'Espaign		
Granborough Village Hall Bookings	Ann Sear	01296	670314
Granborough Parish Council	Tors Firth	01280	823116
Mobile Baker	Karl's Bakery	07917	002800
Mobile Library	(alternate Wednesdays)	01280	813229
Monday Club	Valerie Price	01296	670284

Neighbourhood watch NM	TBC		
Neighbourhood watch (G)	Mark Scholes	01296	670035
North Marston Bell Ringers	Paul Bagni	01296	670522
North Marston Church Wardens	Alyson Perrett/Trisha McSweeny	07814 972629	670484
North Marston Methodist Church	David Heffer	01296	670273
North Marston Parish Council	Rachel Callander	01296	670393
North Marston School	Reception	01296	670286
North Marston Shop		01296	670374
Schorne Pre School	Main line	07703	754397
Village Drama Group (MADS)	Peter Docwra	01296	670567
The Pilgrim	Public House	01296	670969
The Crown	Public House	01296	670216
The Black Boy	Public House	01296	641258
Oving Tennis Club	Peter Docwra	01296	670567
Winslow Surgery	Reception	01296	713434
Whitchurch Surgery	Reception	01296	641203
Police	Call Centre	101	
Police	Crimestoppers	0800	555111
RSPCA	Command Centre	03001	234999
Samaritans	Call Centre	08457	909090
Traveline	Bus/Train Timetables	08706	082608

IF ANY OF THE CONTACTS OR NUMBERS ARE INCORRECT
OR NEED UPDATING PLEASE CONTACT
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North Marston & Granborough Calendar

Date	Event	Where	Time
20th March	Charity Duck Race	NM Pond	3pm
24th April	Cream Tea	8 Carters Meadow	tbc
28th August	Sunflower Comp	deadline 28th Aug	
2nd October	Big Plant Day	tbc	10-12
9th October	World Challenge quiz	Wesley Centre	tbc
15th October	Poetry Eve	Wesley Centre	19.30
27th Nov	Beaujolais Eve	VH	19.30

This is your magazine and so we are happy to publish local news within both communities as well as articles of interest such as stories/poems/announcements/regular columns in the magazine. All contributions to use A5 Word format and 11 point font then send to editornorthmarston@gmail.com by the 25th **of each month**.

We would love to hear from everyone, of all ages in our local communities.